**Unit 2: Leading by Example Project Presentation**

Mr. Parker –Sports Psychology –2018

**“*Mastery of others is strength. Mastery of self is true power.*” – Lao Tzu**

In order to be an effective leader, you must first lead yourself. Simply put: If you can’t lead yourself, you can’t lead others. Leading by example means you walk the walk, not just talk the talk. This is the foundation of effective leadership. You must have your own act together before you try to help others do the same.

The chapters in Section One of the “*Team Captain’s Leadership Manual*” give you a variety of tools and techniques that will help you better lead yourself. There are four primary areas which allows leaders to better lead themselves:

***Commitment*:** How to get and keep yourself motivated.

***Confidence*:** How to believe in yourself and your ability to lead.

***Composure*:** How to keep your cool under pressure.

***Character*:** How to conduct yourself with class.

**Your Objective:** In a group of 2-3, create and conduct a Kahoot lesson on one aspect of “Leading by Example.” You will then facilitate this to the class. – Essentially, you are becoming the teacher, and are responsible for the effective instruction of your students on this topic. You will use Kahoot as the medium of delivery.

**Your Kahoot presentation must include:**

* Make sure you sign up and register with kahoot.com. Create a new kahoot and select quiz.
* Title: Commitment – Sports Psychology – Mr. Parker
* Description: Your Names *(so you know who to give the grade too)*
* Time: 20 seconds
* Visible to: Only Me
* Language: English
* Audience: School
* Questions:
  + *Use the 5 takeaways to guide your focused questioning. Ask: “What are the takeaways you want your audience to have?”*
  + Generate questions from Costa’s Level handout –
    - 4 questions from level 1, 4 questions from level 2, and 4 questions from level 3.
      * There must be at least 1 question from each Costas Level pertaining to how your topic impacts team or role as an athlete and team leader.
    - REMEMBER: The most challenging quiz will earn a prize from Mr. Parker on due date!
* Add appropriate images to spice up your Kahoot quiz.
* When done, “save” and “share it” with Mr. Parker “*(CoachParkerP14)*”

**Due Date: You will facilitate this Kahoot to the class on   
April 24, 2018 (Tuesday)**

**Unit 2: “Leading by Example” Project Rubric**

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| --- | --- | --- | --- | --- |
|  | **1 - does not meet** | **2 - almost meets** | **3 - meets** | **4 - exceeds** |
| **Completion** | Project is missing three or more of the required elements. | Project is missing one or two required elements. | Project includes all of the required elements but may have missed a concept or idea. | Project includes more than all of the required elements; demonstrates an above-&-beyond effort. |
| **Content** | Project does not provide the necessary information to describe the required elements. | Project covers all topics and provides mostly accurate information with the exception of a few key ideas. | Project covers all topics and includes accurate information for the necessary elements. | Project covers all topics, including 100% accurate information, as well as provide extra information. |
| **Image** | Project does not include images/videos or does not accurately represent concepts. | Project includes mostly accurate images/videos for all concepts with a few exceptions. | Project includes accurate images/videos for all key concept for required. | Project includes accurate images/videos for all required elements and includes supplemental images/videos. |
| **Presentation** | Project is very poorly constructed and demonstrates little time or effort. | Project is complete but needs more attention to an organization demonstrating limited time and effort. | Presentation and organized with the exception of a few aspects; demonstrates solid time and effort. | Presentation is impeccably organized, demonstrating a above-&-beyond  amount of time and effort. |
| **Teamwork Standard  (C-RLS)** | No discussion of how your topic impacts team or role as an athlete and team leader. | Minimal discussion of how your topic impacts team or role as an athlete and team leader. | Complete discussion of how your topic impacts team or role as an athlete and team leader. | Above-&-beyond discussion of how your topic impacts team or role as an athlete and team leader. |

**Schedule of Work Days:**

Tuesday (3/20) – Introductory work day; Group and Topic assignments; Group Roles chosen; Kahoot creation  
Tuesday (4/3) – TCLM Book Work; Level 1 Questions generated  
Thursday (4/5) – TCLM Book Work; Level 2 Questions generated  
Tuesday (4/10) – TCLM Book Work; Level 3 Questions generated  
Thursday (4/12) – TCLM Book Work; Finalize Kahoot  
Thursday (4/19) – Practice Run-Throughs   
Tuesday (4/24) – SHOWTIME! Kahoot Quizzes are due!

**Due Date: You will facilitate this Kahoot to the class on   
April 24, 2018 (Tuesday)**